

Sugar Free and Gluten Free Cookies, Slices, Brownies

Sugar Free Cinnamon Oatmeal Cookie Net Wt. 1.2oz (34g)

INGREDIENTS:

Maltitol, Wheat Flour, Oats, Butter (Cream, Salt), **Eggs, Water, Natural Vanilla Flavor, Cinnamon, Salt, Baking Powder** (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), **Cardamom, Ginger, Baking Soda, Sucralose.**

ALLERGEN STATEMENT

Contains Wheat, Milk and Eggs.

Produced in a plant that handles Soy, Peanuts and Tree Nuts

**Cheryl's sugar free products are not a low calorie food.
Excess consumption may have a laxative effect.**

Nutrition Facts servings per container 1 Cookie,
Serving size 1.2oz (34g), Amount per serving:

Calories 120, **Total Fat** 6g (8% DV), Saturated Fat 3.5g (18% DV),
Trans Fat 0g, **Cholesterol** 20mg (7% DV), **Sodium** 140mg (6% DV), **Total**
Carbohydrate 20g (7% DV), Dietary Fiber 1g (4% DV), Total Sugars 0g, Incl.
0g Added Sugars (0% DV), Sugar Alcohol 9g, **Protein** 2g, Vitamin D 0mcg
(0% DV), Calcium 12mg (0% DV), Iron 1mg (6% DV), Potassium 43mg (0%
DV). %DV = %Daily Value

NUTRITIONAL FACTS

Cheryl's

Sugar Free Triple Chocolate Cookie

Net Wt. 1.3oz (37g)

INGREDIENTS:

Maltitol, Butter (Milk), **Sugar Free Chocolate Chips** (Maltitol, Chocolate Liquor Processed With Alkali, Cocoa Butter, Soy Lecithin [Emulsifier], Vanilla Extract), **Wheat Flour, Cocoa** (Alkalized), **Eggs, Evaporated Milk** (Milk, Dipotassium Phosphate, Carrageenan, Vitamin D3), **Water, Natural Flavors, Salt, Baking Soda, Sucralose.**

ALLERGEN STATEMENT

Contains Wheat, Soy, Milk and Eggs
Produced in a plant that handles Peanuts and Tree Nuts

*Cheryl's sugar free products are not a low calorie food.
Excess consumption may have a laxative effect.*

Nutrition Facts Servings per container,
Serving size **1.3oz (37g)**, Amount per serving:

Calories 120, **Total Fat** 7g (9% DV), **Saturated Fat** 4g (20% DV), **Trans Fat** 0g, **Cholesterol** 20mg (7% DV), **Sodium** 75mg (3% DV), **Total Carbohydrate** 20g (7% DV), **Dietary Fiber** 0g (0% DV), **Total Sugars** 0g (Includes 0g Added Sugars, 0% DV), **Sugar Alcohol** 18g, **Protein** 2g, **Vitamin D** 0mcg (0% DV), **Calcium** 13mg (2% DV), **Iron** 1mg (6% DV), **Potassium** 86mg (2% DV). The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

Cheryl's Cookies

Sugar Free Chocolate Chip Cookie Net Wt. 1.2oz (34g)

INGREDIENTS:

Wheat Flour, Sugar Free Chocolate Chips (Maltitol, Chocolate Liquor Processed With Alkali, Cocoa Butter, Soya Lecithin [Emulsifier], Vanilla Extract), **Maltitol, Butter** (Milk), **Eggs, Water, Raisin Paste, Natural Flavors, Salt, Baking Soda, Sucralose.**

ALLERGEN STATEMENT

Contains Wheat, Soy, Milk and Eggs
Produced in a plant that handles Peanuts and Tree Nuts.

*Cheryl's sugar free products are not a low calorie food.
Excess consumption may have a laxative effect.*

Nutrition Facts Serving size 1.2oz (34g), Amount per serving:

Calories 120, Total Fat 7g (9% DV), Saturated Fat 4g (20% DV), Trans Fat 0g, Cholesterol 20mg (7% DV), Sodium 140mg (6% DV), Total Carbohydrate 15g (5% DV), Dietary Fiber 1g (4% DV), Total Sugars 0g (Includes 0g Added Sugars, 0% DV), Sugar Alcohol 10g, Protein 2g, Vitamin D 0mcg (0% DV), Calcium 7mg (0% DV), Iron 1mg (6% DV), Potassium 51mg (2% DV). The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

Cheryl's Cookies

Sugar Free Lemon Cookie Net Wt. 1.2oz (34g)

INGREDIENTS:

Wheat Flour, Maltitol, Butter (Milk), Eggs, Sucralose, Natural Flavors (Vanilla, Lemon), Cream of Tartar (Calcium Sulfate, Monocalcium Phosphate, Adipic Acid, Corn Starch), Salt, Baking Soda.

ALLERGEN STATEMENT

**Contains Wheat, Milk and Eggs,
Produced in a plant that also handles Soy, Peanuts and Tree Nuts**

Excess consumption may have a laxative effect. Not a low-calorie food.

Nutrition Facts Servings per container 1, **Serv. size 1.2oz (34g)**, Amount per serving:

Calories 120, Total Fat 5g (6% DV), Saturated Fat 3g (15% DV), Trans Fat 0g, Cholesterol 25mg (8% DV), Sodium 170mg (7% DV), **Total Carbohydrate** 19g (7% DV), Dietary Fiber 0g (0% DV), Total Sugars 0g (Includes 0g Added Sugars, 0% DV), Sugar Alcohol 8g, **Protein** 3g, Vitamin D 0mcg (0% DV), Calcium 71mg (6% DV), Iron 1mg (6% DV), Potassium 66mg (2% DV). The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

Cheryl's Cookies

Sugar Free Snickerdoodle Cookie Net Wt. 1.2oz (34g)

INGREDIENTS:

Wheat Flour, Maltitol, Butter (Milk), Eggs, Sucralose, Natural Flavors (Pure Vanilla Extract), Cinnamon, Salt, Baking Soda.

ALLERGEN STATEMENT

Contains Wheat, Milk and Eggs.

Produced in a plant that handles Soy, Peanuts and Tree Nuts.

*Cheryl's sugar free products are not a low calorie food.
Excess consumption may have a laxative effect.*

Nutrition Facts Servings 1, **Serving size 1.2oz (34g)**, Amount per serving:

Calories 120, **Total Fat** 6g (8% DV), **Saturated Fat** 3.5g (18% DV), **Trans Fat** 0g, **Cholesterol** 25mg (8% DV), **Sodium** 170mg (7% DV), **Total Carbohydrate** 20g (7% DV), **Dietary Fiber** 1g (4% DV), **Total Sugars** 0g (Includes 0g Added Sugars, 0% DV), **Sugar Alcohol** 9g, **Protein** 2g, **Vitamin D** 0mcg (0% DV), **Calcium** 10mg (0% DV), **Iron** 1mg (6% DV), **Potassium** 21mg (0% DV). The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

Cheryl's Cookies

Sugar Free Lemon Cake Slice

Net Wt. 2.25oz (64g)

INGREDIENTS:

Maltitol, Soybean Oil, Eggs, Wheat Flour, Wheat Flour, Butter (Milk), Sour Cream (Cultured Nonfat Milk, Cream, Whey, Modified Food Starch, Guar Gum, Sodium Citrate, Sodium Phosphate, Carrageenan, Locust Bean Gum, Potassium Sorbate And Sorbic Acid [Preservatives], Rennet), Potassium Sorbate (Preservative), Salt, Natural Flavor (Natural Lemon), Citric Acid, Sucralose.

ALLERGEN STATEMENT

Contains Wheat, Soy, Milk and Eggs
Produced in a plant that handles Peanuts and Tree Nuts

*Cheryl's sugar free products are not a low calorie food.
Excess consumption may have a laxative effect.*

<p>Nutrition Facts Servings per container 1 slice, Serving size 2.25oz (64g), Amount per serving: Calories 230, Total Fat 16g (21% DV), Saturated Fat 5g (25% DV), Trans Fat 0g, Cholesterol 50mg (17% DV), Sodium 170mg (7% DV), Total Carbohydrate 29g (11% DV), Dietary Fiber 0g (0% DV), Total Sugars 0g (Includes 0g Added Sugars, 0% DV), Sugar Alcohol 19g, Protein 3g, Vitamin D 0mcg (0% DV), Calcium 9mg (0% DV), Iron 1mg (6% DV), Potassium 73mg (2% DV). The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>

NUTRITIONAL FACTS

Cheryl's Cookies

Sugar Free Blondie Walnut Brownie Bar

Net Wt. 2.25oz (64g)

INGREDIENTS;

Maltitol, Wheat Flour, Sugar Free Chocolate Chips (Maltitol, Chocolate Liquor Processed With Alkali, Cocoa Butter, Soy Lecithin [Emulsifier], Vanilla Extract), **Butter** (Milk), **Walnuts, Eggs, Milk, Natural Flavor** (Vanilla Extract), **Salt, Sucralose.**

ALLERGEN STATEMENT

Contains Walnuts, Wheat, Soy, Milk and Eggs
Produced in a plant that handles Peanuts and Tree Nuts

*Cheryl's sugar free products are not a low calorie food.
Excess consumption may have a laxative effect.*

Nutrition Facts Servings 1 bar, **Serving size 2.25oz (64g)**, Amount per serving:

Calories 220, **Total Fat** 14g (18% DV), **Saturated Fat** 7g (35% DV), **Trans Fat** 0g, **Cholesterol** 40mg (13% DV), **Sodium** 180mg (8% DV), **Total Carbohydrate** 29g (11% DV), **Dietary Fiber** 1g (4% DV), **Total Sugars** 0g (Includes 0g Added Sugars, 0% DV), **Sugar Alcohol** 25g, **Protein** 3g, **Vitamin D** 0mcg (0% DV), **Calcium** 16mg (2% DV), **Iron** 2mg (10% DV), **Potassium** 83mg (2% DV). The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

Cheryl's Cookies

Sugar Free Fudge Brownie Bar

Net Wt. 2.8oz (79g)

INGREDIENTS:

Maltitol, Butter (Milk), **Chocolate Chips** (Maltitol, Chocolate Liquor Processed With Alkali, Cocoa Butter, Soya Lecithin [Emulsifier], Vanilla Extract). **Eggs, Unsweetened Chocolate** (Chocolate Liquor), **Wheat Flour, Natural Flavors, Salt, Baking Powder** (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Calcium Phosphate), **Sucralose**.

ALLERGEN STATEMENT

Contains Wheat, Soy, Milk and Eggs
Produced in a plant that handles Peanuts and Tree Nuts

*Cheryl's sugar free products are not a low calorie food.
Excess consumption may have a laxative effect.*

<p>Nutrition Facts Servings per container 1 Brownie, Serving size 2.8oz.(79g), Amount per serving:</p> <p>Calories 280, Total Fat 20g (25% DV), Saturated Fat 12g (59% DV), Trans Fat 0g, Cholesterol 70mg (23% DV), Sodium 260mg (11% DV), Total Carbohydrate 36g (13% DV), Dietary Fiber 2g (9% DV), Total Sugars 0g (Includes 0g Added Sugars, 0% DV), Sugar Alcohol 33g, Protein 4g, Vitamin D 0mcg (0% DV), Calcium 23mg (2% DV), Iron 3mg (15% DV), Potassium 157mg (4% DV). The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>

NUTRITIONAL FACTS

Cheryl's

Sugar Free Frosted Cutout Cookie NetWt.1.3oz.(37g)

INGREDIENTS:

Maltitol, Wheat Flour, Butter (Milk), **Eggs, Evaporated Milk** (Milk, Dipotassium Phosphate, Carrageenan, Vitamin D3), **Water, Natural Flavors, Cream of Tartar** (Calcium Sulfate, Monocalcium Phosphate, Adipic Acid, Corn Starch), **Baking Soda, Salt, Sucralose**. *May contain: FD&C Colors -Yellow 5, Yellow 5 Lake, Yellow 6, Blue 1, Blue 1 Lake, Blue 2, Blue 2 Lake, Red 40, Red 5, Red 3).*

ALLERGEN STATEMENT

Contains Wheat, Milk and Eggs

Produced in a plant that handles Soy, Peanuts and Tree Nuts

Cheryl's sugar free products are not a low calorie food.

Excess consumption may have a laxative effect.

Nutrition Facts Servings per container 1 cookie,
Serving size 1.3oz.(37g), Amount per serving:

Calories 120, **Total Fat** 5g (6% DV), **Saturated Fat** 3.5g (18% DV), **Trans Fat** 0g, **Cholesterol** 20mg (7% DV), **Sodium** 95mg (4% DV), **Total Carbohydrate** 23g (8% DV), **Dietary Fiber** 0g (0% DV), **Total Sugars** 0g (Includes 0g Added Sugars, 0% DV), **Sugar Alcohol** 16g, **Protein** 2g, **Vitamin D** 0mcg (0% DV), **Calcium** 43mg (4% DV), **Iron** 1mg (6% DV), **Potassium** 43mg (0% DV). The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

Cheryl's Cookies

Gluten Free Brownie Walnut Cookie Net Wt 1oz (28g)

INGREDIENTS:

Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin [Emulsifier], Vanilla Bean Seeds), **Sugar, Eggs, Rice and Tapioca Flour, Butter** (Milk), **Walnuts, Chocolate Liquor, Cocoa** (Alkalized), **Cornstarch, Water, Natural Flavor, Baking Soda, Salt, Xanthan Gum.**

ALLERGEN STATEMENT

Contains Walnuts, Eggs, Milk and Soy.

Produced on shared equipment with Walnuts, Eggs, Milk and Soy.

Produced in a dedicated gluten free facility.

Nutrition Facts Servings 1 Cookie, **Serving size 1oz (28g)**, Amount per serving:

Calories 110, **Total Fat** 6g (8% DV), Saturated Fat 3g (15% DV), Trans Fat 0g, **Cholesterol** 20mg (7% DV), **Sodium** 55mg (2% DV), **Total Carbohydrate** 15g (5% DV), Dietary Fiber 1g (4% DV), Total Sugars 11g (Includes 11g Added Sugars, 22% DV), **Protein** 2g, Vitamin D 0mcg (0% DV), Calcium 11mg (0% DV), Iron 1mg (6% DV), Potassium 74mg (2% DV). The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

Cheryl's Cookies

Gluten Free Chocolate Chip Cookie Net Wt 1oz (28g)

INGREDIENTS:

Tapioca and Rice Flour, Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter Soy Lecithin an Emulsifier, Vanilla Bean Seeds), **Butter** (Cream, Salt), **Light Brown Sugar** (Sugar, Molasses), **Sugar, Eggs, Honey, Corn Starch, Water, Natural Vanilla Extract, Salt, Water, Xanthan Gum, BakingSoda.**

ALLERGEN STATEMENT

Contains Eggs, Milk and Soy.

Produced on shared equipment with Walnuts, Eggs, Milk and Soy.

Produced in a dedicated gluten free facility.

Nutrition Facts servings per container 1 Cookie ,
Serving size 1 oz (28g), Amount per serving:

Calories 120, Total Fat 5g (6% DV), Saturated Fat 3.5g (18% DV),
Trans Fat 0g, **Cholesterol** 15mg (5% DV), **Sodium** 105mg (5% DV), **Total**
Carbohydrate 14g (5% DV), Dietary Fiber 1g (4% DV), Total Sugars 10g,
Includes 10g Added Sugars (20% DV), **Protein** 1g, Vitamin D 0mcg (0% DV),
Calcium 9mg (0% DV), Iron 1mg (6% DV), Potassium 35mg (0% DV). %DV =
%Daily Value

NUTRITIONAL FACTS

Cheryl's Cookies

Gluten Free Buttercream Frosted Sugar Cookie

Net Wt 1.6oz(45g)

INGREDIENTS:

Powdered Sugar (Sugar, Corn Starch), **Butter** (Cream, Salt), **Tapioca and Rice Flour, Sugar, Eggs, Nonfat Dry Milk, Cornstarch, Water, Natural Flavors, Evaporated Milk** (Milk, Dipotassium Phosphate, Carrageenan, Vitamin D3), **Leavening** (Baking Soda, Calcium Sulfate, Monocalcium Phosphate, Adipic Acid, Corn Starch), **Salt**.

ALLERGEN STATEMENT

Contains Eggs and Milk.

Produced on shared equipment with Walnuts, Eggs, Milk and Soy.

Produced in a dedicated gluten free facility.

Nutrition Facts servings per container 1 Cookie,
Serving size 1.6oz (45g), Amount per serving:

Calories 190, Total Fat 8g (10% DV), Saturated Fat 5g (25% DV),
Trans Fat 0g, **Cholesterol** 35mg (12% DV), **Sodium** 115mg (5% DV), **Total
Carbohydrate** 29g (11% DV), Dietary Fiber 0g (0% DV), Total Sugars 21g,
Includes 21g Added Sugars (42% DV), **Protein** 1g, Vitamin D 0mcg (0% DV),
Calcium 22mg (2% DV), Iron 0mg (0% DV), Potassium 31mg (0% DV). %DV
= %Daily Value

NUTRITIONAL FACTS

Cheryl's Cookies

GlutenFreeSnickerdoodle Cookie Net Wt 1oz (28g)

INGREDIENTS:

Tapioca and Rice Flour, Sugar, Butter (Cream, Salt), **Eggs, Powdered Sugar** (Sugar, Corn Starch), **Nonfat Dry Milk, Cornstarch, Water, Natural Vanilla Extract, Cinnamon, Xanthan Gum, Salt, Leavening** (Baking Soda, Calcium Sulfate, Monocalcium Phosphate, Adipic Acid, Corn Starch).

ALLERGEN STATEMENT

Contains Milk and Eggs.

Produced on shared equipment with Walnuts, Eggs, Milk and Soy.

Produced in a dedicated gluten free facility.

Nutrition Facts servings per container 1 Cookie,
Serving size 1 oz (28g), Amount per serving:

Calories 110, Total Fat 5g (6% DV), Saturated Fat 3g (15% DV), Trans Fat 0g, **Cholesterol** 25mg (8% DV), **Sodium** 90mg (4% DV), **Total Carbohydrate** 16g (6% DV), Dietary Fiber 0g (0% DV), Total Sugars 8g, Includes 8g Added Sugars (16% DV), **Protein** 1g, Vitamin D 0mcg (0% DV), Calcium 22mg (2% DV), Iron 0mg (0% DV), Potassium 29mg (0% DV). %DV = %Daily Value

NUTRITIONAL FACTS

Cheryl's Cookies

Gluten Free Fudge Brownie Net Wt 2.25oz (64g)

INGREDIENTS:

Sugar, Butter (Milk), **Eggs, Rice and Tapioca Flour, Chocolate Chips** (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin [Emulsifier], Vanilla Bean Seeds), **Chocolate Liquor, Corn Starch, Nonfat Dry Milk, Water, Natural Flavors, Salt, Xanthan Gum.**

ALLERGEN STATEMENT

Contains Eggs, Milk and Soy.

Produced on shared equipment with Walnuts, Eggs, Milk and Soy.

Produced in a dedicated gluten free facility.

Nutrition Facts Servings per container 1 Brownie,
Serving size 2.25oz (64g), Amount per serving:

Calories 270, **Total Fat** 14g (18% DV), **Saturated Fat** 9g (45% DV),
Trans Fat 0g, **Cholesterol** 60mg (20% DV), **Sodium** 200mg (9% DV), **Total**
Carbohydrate 35g (13% DV), **Dietary Fiber** 2g (7% DV), **Total Sugars** 26g
(Includes 26g Added Sugars, 52% DV), **Protein** 3g, **Vitamin D** 0mcg (0% DV),
Calcium 31mg (2% DV), **Iron** 2mg (10% DV), **Potassium** 113mg (2% DV). The
% Daily Value (DV) tells you how much a nutrient in a serving of food
contributes to a daily diet. 2,000 calories a day is used for general nutrition
advice.